

TAHITIAN PADDLING IS FOR ANYONE



NO EXPERIENCE NEEDED



EASY AND QUICK TO LEARN

You will take, on average, only 10 mins with our instructor to find your balance and to start paddling freely.

All paddlers wear a life vest and receive instruction in water safety.



ALL EQUIPMENT PROVIDED



THE ORIGINS OF PADDLING




Back in history, Polynesians were superlative sailors, treating the open ocean with respect, setting out on uncharted seas to find undiscovered islands. They navigated their canoes with precision from point to point, using natural elements such as the stars and other signs that came from the ocean and sky. Thousands of miles were traversed, without the aid of sextants or compasses.

The sport of outrigger paddling is inspired by this historic resource, drawing upon it and reinvesting it as much as possible.



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 **Mauritius Paddling Academy**



MAURITIUS PADDLING ACADEMY

TAHITIAN PADDLING

Try Something New

Tahitian Paddling Experiences
Out in the beautiful Mauritius lagoon

Experience the fun and joy of being on the water

Accessible to all, Just bring your enthusiasm

A package for every taste



MAURITIUS
PADDLING ACADEMY

EXPERIENCE A THRILLING ADVENTURE

Get onto the water with our team and experience a thrilling adventure. Paddling is the best way to discover the stunning blue lagoons of Mauritius. We are a company offering paddling sessions around the island, providing a unique experience.

All sessions are led by our personal paddling coach and tailor made to fit your ability and interest.

We offer a wide range of sessions including:

- 1 hour taster session - give it a try
- 2 hour introductory session - learn how to paddle
- 2 hour eco session - visit unique locations in Blue Bay, Turtle monitoring, coral farms
- Private adventure tour - customise your session to fit your interests

PADDLING AND THE ENVIRONMENT

Discover an innate sense of connection with your surroundings. When out on the water you are at one with the environment. The goal of a good paddler is to work with the water; not to fight it. To respect the environment and all living things.

The spirit of paddling is symbolised by the sharing, unity, and respect of others and the strength of community.



WHAT WILL I DO?

The beaches and lagoons in Mauritius are protected by a coral reef making the calm waters of the lagoon ideal for practising Tahitian paddling. The area is suitable for all levels, from beginner to advanced.

The session will start with a briefing that outlines the history behind the sport and the skills required to paddle (the stroke, steering and understanding the water) Health and safety is covered before leaving the beach.

Once on the water, you will be supervised in how to paddle and develop a good level of confidence on the boat.

Paddlers develop their paddling skills to explore the lagoon or even race one another.



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SCAN TO VISIT US
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Mauritius Paddling Academy

ABOUT US

Quite simply we are the best, most complete paddling company in Mauritius! Mauritius Paddling Academy is a premiere company offering unique, small group paddling experiences.

Christopher Johns first picked up a paddle after moving to Hong Kong in 1998. From that initial experience he was hooked; resulting in a paddling career of more than 20 years. In that time he has won nearly every race held in Hong Kong, competed in international races and also represented the U.K. as part of the TeamGB Dragon Boat team at the World Championships in 2017 and 2019. He has now moved to Mauritius to develop the sport here.



Christopher Johns